

AVSED

NUNROYD PAVILION, NUNROYD PARK,
YEADON, LS19 7HR

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REGISTERED CHARITY: 1165792 REGISTERED COMPANY: 9882948

VOLUNTEER ROLE PROFILE – UMBRELLA CLUB VOLUNTEER



Role Profile: AVSED is an older person's charity based in Yeadon, and covers the Aireborough boundary (Yeadon, Guiseley, Rawdon, and a small portion of Apperley Bridge). We work with residents aged 60 plus and have introduced a new Dementia and Inclusion service to our growing list of activities and services that we are offering to our members, their families, and carers.

The Umbrella Club is our inclusion group which is open to all needs. This includes dementia and memory loss, sensory impairment, low level personal care, mental health, mobility and more. This group will see members joining whose needs may have prevented them from joining or remaining in regular AVSED activities.

Our Aim: The aim of this role is to offer an all-round activity that works to bring down the barriers of participation. Working alongside our Dementia and Inclusion worker, Lisa, volunteers will help to provide a nurturing, fun and engaging group, including:

- Helping to make soup and a sandwich for lunch
- Engaging members in stimulating games and activities
- Working 1-2-1 or in small groups to make sure everyone has the chance to participate, engage and be included
- Leading conversations and following members memories and stories
- Engaging members in a short movement and exercise session, some on a 1-2-1 basis

Duties and expectations:

- Work as part of a team
- Following the lead of Lisa, the Dementia and Inclusion worker
- Understanding of Dementia and willing to undertake Dementia Friends Training
- Understanding of basic safeguarding and confidentiality
- Preparing hot food and sandwiches (Level 1 Food Hygiene training provided)
- Ability to strike up conversations
- Good listening skills
- Patience and understanding
- Interest in older people

When required: Every Friday between 11am and 2.30pm. The group runs from 12pm – 2pm

Minimum Commitment: To keep consistency within this group for the members we need every week (apart from holidays and sickness).

Please be aware that an Enhanced DBS check and Food Hygiene Level 1 training will be required for this role.

Contact Information: Michelle Phillips
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