Newsletter

Autumn 2026 Edition

Supporting Aireborough Seniors

As one season changes, another begins…

Well, where has the summer gone? It hardly seems possible that we're already looking towards autumn and starting to think about Christmas!

I hope you've managed to enjoy some of the sunshine this year – perhaps you've been lucky enough to get away on holiday, or maybe you've stayed closer to home and made the most of those lovely summer days? Have you had a little adventure of your own? I'd love to hear about it! I was lucky to go to Florence - but not brave enough to climb the Duomo!



We've certainly packed plenty into the last few months at AVSED. Our Cruise Ship and Country & Western Super Socials were definite highlights – two very different afternoons, but both full of laughter, music, food and, most importantly, great company. I think we've proved that you don't need to travel far to have a good time!

We also took a little time out ourselves during our shutdown week, giving our staff and volunteers the chance to have a well-earned break. Some headed off on holiday, some spent time with family and friends, and others simply enjoyed putting their feet up for a few days. We're now all refreshed and raring to go!

Behind the scenes, there's plenty happening too. We're taking the feedback from our recent surveys and turning your ideas into new activities, and getting ready to launch the third day of our flagship AVSEDplus service. It's fantastic to see this important service continuing to grow.

We're also putting the finishing touches to our new AVSED website, which we're hoping will be live very soon. Watch this space!

And then there's ***the kitchen…!*** Our plans are really starting to come together. We're making great progress with the planning and infrastructure work and, thanks to some fantastic support from you, our funders, and local community, our fundraising is moving forward too.

We're nearly there – but there's still a little way to go!

So, as we head into the colder months, there is plenty to look forward to at AVSED. New ideas, new sessions, new opportunities – and, of course, all the familiar friendship, fun and support that makes AVSED what it is.

Thank you, as always, to our ***wonderful members, volunteers and staff*** for everything you bring to AVSED. It really is our people who make this place special.

Now, put the kettle on, get yourself comfy and enjoy this edition of the newsletter!

See you at AVSED soon,

Debbie F
Executive Director







Contact the team Monday - Friday 9am - 4pm on 0113 250 1702

AVSED News

Transport Update - Getting from A to B – let's have a think!

Following our transport review earlier this year, we're now moving on to the next stage. From October, we'll start carrying out individual transport assessments with members who currently use AVSED transport, or who may need it in the future.

Don't worry – it's not a test and there are no trick questions! It's simply a chance for us to understand what help you need to get to AVSED, and what you may be able to manage yourself. Before your assessment, have a think… Can you :

- use your bus pass and catch the bus?
- get a lift from family or a friend?
- walk all or part of the journey?
- make your own way with a group of friends in a shared taxi?
- use AVSED's ***Dial-a-Ride*** service if there is a space available?

And perhaps the most important question:

What do I actually need help with – and how do I get around to other activities and services?

We know that everyone's circumstances are different and can change over time. Your assessment will be the same questions as everyone else, and there will be straight answers to keep everything fair.

What is AVSED Dial-a-Ride?

Our Dial-a-Ride service is an additional way for members to request transport to and from AVSED activities. It is particularly useful for members who can arrange their own transport but would like AVSED support if available.

Dial-a-Ride journeys are offered subject to available spaces, so they cannot be guaranteed. Extra care members with a high transport need will have priority, supported members will be offered the Dial-a-ride service, and independent members will be asked to make their own arrangements.

Why are we doing this?

We want AVSED transport to be fair, sustainable and focused on those who need it most.

Our drivers and vehicles are a precious resource. By understanding everyone's needs, we can make the best use of what we have, and hopefully help more people to access AVSED.

So when we come to do your assessment, be honest about what you need, and what you can manage. A little planning can go a long way!

It's all about connecting!

We're excited to introduce two new sessions designed to help you take a little time for yourself, build confidence and connect with others in a supportive and friendly environment.

AVSED Connections - Small steps.
Ella's new AVSED Connections is for people who may not be attending AVSED, or who would like to slowly build their confidence and start engaging again.
Sessions focus on physical wellbeing, resilience and independence, with gentle strength and balance exercises, self-help coaching and practical tools for personal progress.
There's no pressure and no need to jump straight into lots of activities – it's about taking small steps at your own pace.

Wellbeing Connect - Time for you.
Michelle's new Wellbeing Connect sessions explore different topics including stress, anxiety, confidence, sleep, loneliness and resilience.
Sessions use gentle, structured activities including mindfulness, relaxation, and time to support each other. These are friendly, supportive wellbeing sessions – not counselling or therapy.

Curious? Come and find out more!

If either of these sessions sounds like something that could help you, speak to the AVSED team. We'd be happy to tell you more and help you decide which session might be right for you.

Sometimes the first step is simply connecting.

Winter Done Well

Simple ways to keep warm, well and connected this winter.

Winter can be a lovely time of year, but colder weather and darker days can sometimes make things more difficult. A little preparation – and knowing where to turn for support – can help you stay safe, healthy and connected.

Keep Warm

Keep your home warm, particularly the rooms you use most. Wear warm layers, check your heating is working and make sure you have enough food, medication and essentials at home.

If you're worried about the cost of keeping warm, please don't struggle alone.

How can AVSED help?

AVSED can offer practical support and advice and, where appropriate, help you access assistance and other sources of support. Our Community Café and Welcome Spaces throughout the area also provide somewhere warm, welcoming and friendly to spend time.

Keep Well

Check you're up to date with any vaccinations you're eligible for; make sure you have enough regular medication; and try to eat well, drink plenty and keep moving.

If you become unwell, speak to your pharmacist, GP or NHS 111 for advice.

How can AVSED help?

From health-focused groups and activities to nutritious lunches and regular social contact, AVSED provides lots of opportunities to support your wellbeing. If you're worried about something, or aren't sure where to find help, talk to the AVSED team – we can help you find the right support.

Keep Moving

It's tempting to stay indoors when it's cold and dark, but keeping active can help both your physical and mental wellbeing.

It doesn't have to mean going to the gym – gentle exercise, walking, dancing or joining an activity all count.

How can AVSED help?

We have a range of exercise and movement activities suitable for different abilities, including our regular exercise groups. There's no need to be super-fit – our activities are about keeping active, having fun and doing what you can. Speak to one of the staff about which class is right for you - have a go and meet some friendly faces at the same time!

Keep Connected

Winter can sometimes mean spending more time at home. A quick phone call, meeting someone for a cuppa, or coming along to a group, can make a real difference.

If you're feeling lonely or finding it harder to get out, please tell someone.

How can AVSED help?

At AVSED, friendship and connection are at the heart of what we do. From lunch clubs, social groups and our Community Café to trips, activities and befriending, there are lots of ways to meet people and feel part of the community.

And if getting out is becoming more difficult, ***s***peak to us about transport and the support available.

AVSED is here this Winter

You don't have to wait until you have a problem to ask for help. Whether you want to meet people, get more active, find practical support, try something new, or simply have someone to talk to - come and speak to us.

KEEP WARM
KEEP WELL
KEEP MOVING
KEEP CONNECTED

AVSED – supporting Aireborough seniors to live happy, healthy and independent lives - whatever the weather !

AVSED Calendar

Dates for your Diary

Some activities run on different weeks of the month.
We hope this helps you to keep track.

	Mondays	Wednesdays
Wk 1	5/10 - 2/11 - 7/12 ***Super Social & Events***	7/10 - 4/11 - 2/12 - 6/1 ***Memory Matters,*** ***AVSED Connections*** ***Shared Tables***
Wk 2	9/11 - 11/1 ***Monday Trips*** 14/12 ***Xmas Bingo*** 16/10 ***Friday Trip*** 12/12 ***Saturday Trip***	14/10 - 11/11 - 9/12 - 13/1 ***Memory Café*** ***& Men's Matters***
Wk 3	19/10 - 16/11 - 18/1 ***Prize Bingo***	21/10 - 18/11 - 16/12 - 20/1 ***Memory Matters &*** ***AVSED Connections***
Wk 4	26/10 - 23/11 - 25/1 ***Community Café***	28/10 - 25/11 - 27/1 ***Men's Matters***

Xmas Shutdown

Please note that all AVSED activities and services will be closed over the festive period to allow our staff and volunteers a much needed break.

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The last activity will be ***Friday 18th December*** and the first activities back will be on ***Monday 4th January.***

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There will be limited staff available until the office closes at midday on Christmas Eve and will reopen on Monday 4th January.

AVSED's Super Socials

With brilliant live entertainment, imaginative decorations, delicious food and exciting raffle prizes, every event is a memorable experience. These hugely popular afternoons sell out in record time, so don't wait – book your place early and see for yourself why everyone loves a Super Social!



Motown Magic

Monday 5th October
2:00 pm – 4:30 pm
(doors open 1:45 pm)

Tickets: £15.00

Feel the magic of Motown and get into the groove, as the talented Katy James delights with timeless hits and smooth vocals.



AVSED's Regular Activity Programme October 2026

Transport Cost = Single £4.00 - Return £7.00

Monday	Tuesday	Wednesday	Thursday	Friday
Stepping up (£5.00) Aerobic style exercise **10.30 - 12.00** (Transport available)	**Foundation Tai Chi** 10.00 - 11.00 ..... **Tai Chi Refreshments** 11.00 - 11.30 ..... **Intermediate Tai Chi** 11.30 - 12.30 (£6.50 per session paid monthly in advance)	**Let's do Lunch (£7.00)** Social lunch Club **11.00 - 1.00** (Assessed transport available)	**Back to Basics (£5.00)** Chair based exercise **10.30 - 12.00** (Transport available)	**Fish N Chips Delivery** (£7.75)
	AVSED *Plus* Dementia Activity Service **10.30 - 3.30**	**1st Wednesday :** **Memory Matters (£5.00)** Dementia & Memory activity **2.00 - 4.00** (Transport available ..... **AVSED Connections** Support Group **2.00 - 4.00** ..... **Shared Tables** Meet 12.30 - Book in the office	**AVSED *Plus*** Dementia Activity Service **10.30 - 3.30**	**AVSED *Plus*** Dementia Activity Service **10.30 - 3.30**
1st Monday : **Super Socials (Tickets £15)** See itinerary for details **2.00 - 4.30** (Transport available)	**Variety Club (£5.00)** Let us entertain you at our social group that has a little something for everyone and a few extras on top ! **2.00 - 4.00** (Transport available)	**2nd Wednesday :** **AVSED Memory Café (£5.00)** Dementia & Memory café **2.00 - 4.00** ..... **Men's Matters (£1.00)** All-male social club **1.30 - 3.00pm**	**Cuppa & Company (£3.00)** Let us keep you company whilst you **join** in hobbies, interests., games and chatter. **2.00 - 4.00** (Transport available)	**The Umbrella Club (£10.00)** Let us support you in our inclusive social and lunch group that has a little bit of all that AVSED offers rolled into one with a lot of care, good fun and laughter **11.45 - 2.15** (Transport available)
2nd Monday : **Trips** Variable cost		**3rd Wednesday :** **Memory Matters (£5.00)** Dementia & Memory activity **2.00 - 4.00** (Transport available) ..... **AVSED Connections** Support Group **2.00 - 4.00**		
3rd Monday : **Prize Bingo** (Pay-as-you-go) **2.30 - 4.00** (Transport available)		**4th Wednesday :** **Men's Matters (£1.00)** All-male social club **1.30 - 3.00pm** (Transport available)		
4th Monday : **Community Café (£PAYF)** Everyone Welcome **2.30 - 4.00** (Transport available)				

AVSED's Memory and Inclusion Corner

Our ***Umbrella Club*** Members have enjoyed themed weeks including Henley Royal Regatta, Wimbledon, the first Dad's Army in 1968, and also a competitive beetle drive! We also looked at members' 'Show and Tell' items including homemade woodwork, photos of Queen's Guide presentation, Morecambe Bay walk photos, framed handmade beading pictures and needlework, football photo from work days, and sentimental family jewellery.

As ever, we celebrated Yorkshire Day on August 1st serving good old Yorkshire Puddings followed by Curd Tart. This was very well received, even by our members who started life in different parts of the country but have now found themselves welcomed into God's Own County.

Alongside AVSEDplus, we offer a peer support group for members' family carers once per month. This is a relaxed and informal drop-in running from 10:30 – 11:30, providing a chance to meet and talk to other people who are also caring for family members. We have a member of staff on hand to offer support, if needed. The upcoming sessions are:

- October – Thursday 29th
- November – Tuesday 24th
- No meeting in December

A problem shared is a problem halved

Our members have a wealth of life experience, wisdom and kindness which they are always ready to share. If you would like to receive advice about a particular dilemma and see this featured in a future newsletter, please speak to a member of staff.

"I'm ashamed of my daughter's messy garden. Should I say something?"

Firstly, consider your relationship with your daughter and what is going on in her life at the moment. Is she juggling lots of responsibilities, has she started a new job, or does she have young children? Is it important to her that her garden is well tended, or is this not a priority for her?

If she is struggling to keep on top of things, and values her garden being tidy, you could offer to help. This could be hands-on help and a chance for you to spend some extra time together in the fresh air, or helping her to find a gardening service.

However, if the state of her garden is not important to her, you may want to leave her to it. As one member said, "It's not a parent's business, she's her own person". That being said, if the garden is hazardous, it may be in everyone's interest to talk to her about it.

AVSEDplus provides a friendly, safe and engaging environment for members living with dementia and memory loss. The group runs on Tuesdays and Thursdays from 10:30 – 3:30, offering valuable respite for families and carers.

On 2nd October, we are launching Friday sessions at AVSEDplus. If you or your loved one are interested in attending these sessions, please speak to the office, as places are filling up fast! Each session at AVSEDplus is different, and activities are planned to avoid duplication for members who attend more than one day a week with us. We also take suggestions from our members for themes or activities they would like to try and include this in our session planning.

What we've been doing

During the summer, AVSEDplus has enjoyed sessions chosen by members, including "staycations" to France and Scotland and a session themed around musicals. We also took part in a seated summer sports day and made our own summer bunting decorations and silk flower arrangements. We also enjoyed musical entertainment from Richard Stirland and Nigel Rae. It's always lovely to see our members tapping their feet, singing along or dancing together.



What's coming up

During October and November, we will be welcoming in the autumn, with themed crafts and comforting food prepared by our fantastic kitchen staff and volunteers. We will be celebrating and commemorating the festivals and events associated with this season, such as Halloween, bonfire night, Diwali and Remembrance Day. December is focused on the start of winter and, of course, Christmas! We will be enjoying making our own Christmas cards and calendars, celebrating with musical entertainment in our Christmas parties and there may even be visits from Santa himself… In January we will be welcoming in the new year with our inaugural big AVSEDplus quiz afternoon and talking about wellness in winter.



Community Café - Winter Roadshow

Monday 26 October 2:30pm – 4:00pm

Our fabulous Winter Café is back! Come along for a warm welcome, a cuppa and a chance to get prepared for the colder months ahead.

Regular goody bags, Seasonal support and advice, plus hot soup & a roll.

See you there!

Remembrance Day

AVSED will be laying a wreath at Nunroyd remembrance garden on Wednesday 11th November at 11am.

Please join us if you can to pay our respects.

Winter fuel payments - did you know?

If your individual total income is over £35,000 a year, you may still receive your Winter Fuel Payment, but HMRC will recover the full amount through the tax system. Your partner's income does not count towards the £35,000 threshold.

Your total income can include your State Pension, private pensions and investment income. If you receive certain benefits, such as Pension Credit, different rules apply.

If you pay tax through PAYE, HMRC will normally recover the payment by adjusting your tax code.

You can choose to opt out of receiving the Winter Fuel Payment if you expect your income to be over £35,000, and you can opt back in later if your circumstances change.

For the latest information, and to check whether the rules apply to you, visit GOV.UK and search "Winter Fuel Payment". Or call the Winter Fuel Payment Centre: 0800 731 0160.

Christmas Hampers & Check-ins

A little Christmas kindness can mean a lot. Every year, AVSED delivers Christmas hampers and friendly check-ins to members who may have not been able to engage recently, are having a difficult time, or could simply benefit from a little extra support and Christmas cheer. If you, a friend, neighbour or someone you know might appreciate a hamper and a friendly check-in this Christmas, please let the AVSED office know.

You don't need to be facing a crisis – sometimes a little kindness, and a reminder that someone cares, can mean the world.

New Groups for the new year

From January we will be launching our new group ideas including Singing for Health, Walking, and Sporting Memories. We are also looking at a swimming session - would you be interested ? Speak to one of the team to find out more and book your place.

AVSED Events



Members' Forum

Friday 8th January, 2.30 - 4pm.

Come and have your say about AVSED, the community and other hot topics.

Please RSVP to Ella.

Sporting Memories



Do you love talking sport? From F1 to football, cricket to cycling – we're launching a brand-new AVSED group in January 2027 for anyone who enjoys sport, memories and a good chat!

COME TO OUR TASTER SESSION

Wednesday 28 October 2:00 – 4:00pm

Expect quizzes, trivia, gentle activities, sporting memories, plenty of chat and lots of fun!

No sporting expertise needed – just bring your memories and opinions!

Come along, have a go & help us shape the new group!

Everyone welcome.



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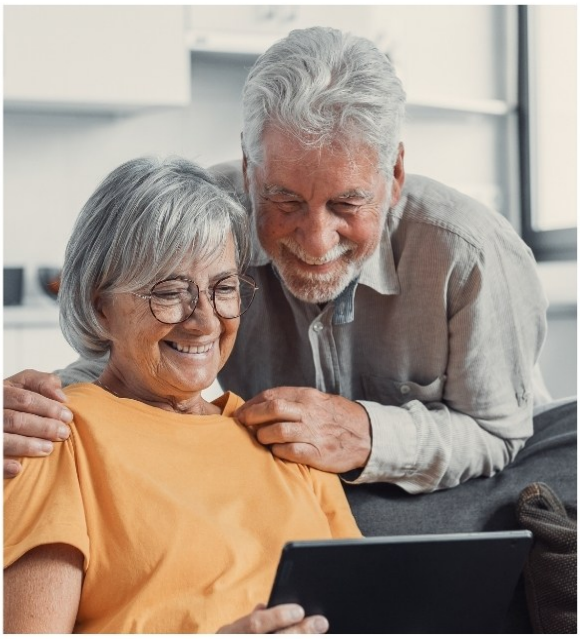
Trusts: A Useful Estate Planning Tool

Many people assume that making a will is enough to protect their family and assets. However, in some circumstances, a trust can provide additional protection, flexibility and peace of mind.

A trust is a legal arrangement where assets, such as money, property or investments, are managed by trustees for the benefit of other people (known as beneficiaries). Trusts can be set up during your lifetime or included within your will.

A trust may be worth considering if you want to:

- Protect money or property for children until they are old enough to manage it themselves.
- Support a vulnerable loved one who may need help managing finances or who receives means-tested benefits.
- Ensure assets pass to children from a previous relationship while still providing for a spouse or partner during their lifetime.
- Have greater control over how and when beneficiaries receive an inheritance.



Trusts can also play a role in some inheritance tax planning arrangements, although they are not suitable for everyone. They can add complexity and ongoing administration, so specialist legal advice is important.

The right trust can help ensure your wishes are carried out and provide reassurance that the people you care about most will be protected in the future.

Talk to us today about trusts or any aspect of estate planning. Our friendly wills and estates team is based on Yeadon High Street.

AVSED - Trips

Independent Trips

- For members who are independent and do not need support beyond companionship.
- Venues may have uneven surfaces, stairs, or limited access.
- Carers can attend if extra support is needed.
- Full-day trips; members meet at Greenacre Hall.

Supported Shopper Trips

- For members needing some support (light assistance, wheelchair, companionship).
- Shorter day trips to shopping venues.
- Limited spaces to meet members' support needs.
- Members are picked up and dropped off at home.

Extra Care Trips

- For members needing more support and are unable to attend independently.
- Half day trips, where venues are fully accessible.
- Staff and volunteers on hand for assistance, including one-to-one support.
- Very limited spaces due to higher needs.
- Trips are roughly a 30-minute journey after home collection.

Boundary Mills Friday 16th October		Meet at AVSED 9.00am	Cost £18 Transport only	***Limited spaces still available***
Tong Garden Centre  Monday 9th November		Pick-ups from 9.30am	Cost £10 Transport only	An AVSED member favourite, especially when it's in full festive décor. A chance to look at the wonderful displays, get some Christmas shopping alongside the regular garden centre offering, and visit the café for a tempting treat.
Yorkshire Christmas Spectacular  Sat 12th December		Meet at the Venue 1pm	Cost £25 Ticket only pay in advance	It's the most wonderful time of the year, especially this year as Futurist Theatre Productions & Yeadon Town Hall present the annual Christmas Spectacular. Promising to be bigger, better and more spectacular than ever before!
Owlcotes supported shopper  Monday 11th January		Pick-ups from 9.30am	Cost £10 door–to-door transport & support	Quarterly supported shopping trip to Owlcotes Centre in Pudsey, home of B&M, ASDA & M&S' including cafés for refreshments or a light bite. January sales will be on - so get ready to grab yourself a bargain or two!

You can come and speak to the team for more information about trips and suitability, book your place and pay at our Community Café.

Call the office to request your space - Booking opens ***28th September***

2027 AVSED Independent Holiday

St Annes-on-the-Sea, Lytham

Friday 16 – Monday 19 July 2027

Holidays create happy memories!

Join us for four days of seaside fun, good food, great company and plenty of AVSED holiday magic!



Seaside charm, fresh air and great company!



Our hotel



"Where are we going next year?"

That was one of the first questions we were asked when we returned from last year's holiday – so we're delighted to finally reveal the answer!

We're off to St Annes-on-the-Sea!
Join us for another memorable getaway to the beautiful Lancashire coast.

Our Holiday Includes:

- **Executive coach travel** with a comfort stop on the outward and return journeys
- **Breakfast each morning**
- **Four-course evening dinner**
- **Evening entertainment**
- **Full use of the hotel's leisure & spa facilities**

We'll be staying at the **Clifton Park Hotel**, where you can relax, enjoy great food, entertainment and make the most of the hotel's. leisure and spa facilities.

Holiday Cost

£299 per person

To secure your place, a non-refundable deposit of £60 per person, together with a completed booking form, must be received by Friday 27th November 2026.

The remaining balance of £239 per person is due by 31st March 2027.

Room Choices

We have a selection of double, twin and a limited number of single rooms.

Rooms will be allocated on a first-come, first-served basis, so if you would like a single room, please book early.

If all our allocated single rooms have gone, we may still be able to offer you a place, subject to hotel availability, but a single occupancy supplement of £60 per person will apply.

Booking Information

Booking forms are available from the AVSED office.

Places are limited and last year's trip was very popular – so don't leave it too late!



Come away with us!

Activity & Events Calendar

October

- Thurs 1st - Back to Basics
  Cuppa & Company
- Fri 2nd - Umbrella Club
- Mon 5th - Stepping Up
  Super Social
- Tue 6th - Tai Chi
  Variety Club
- Wed 7th - Let's do Lunch
  Memory Matters
  AVSED Connections
  Shared Tables
- Thurs 8th - Back to Basics
  Cuppa & Company
- Fri 9th - Umbrella Club
- Mon 12th - Stepping Up
- Tue 13th - Tai Chi
  Variety Club
- Wed 14th - Let's do Lunch
  Memory Cafe
  Men's Matters
- Thurs 15th - Back to Basics
  Cuppa & Company
- Fri 16th - Umbrella Club
  Trip
- Mon 19th - Stepping Up
  Prize Bingo
- Tue 20th - Tai Chi
  Variety Club
- Wed 21st - Let's do Lunch
  Memory Matters
  AVSED Connections
- Thurs 22nd - Back to Basics
  Cuppa & Company
- Fri 23rd - Umbrella Club
- Mon 26th - Stepping Up
  Community Café
- Tue 27th - Tai Chi
  Variety Club
- Wed 28th - Let's do Lunch
  Men's Matters
- Thurs 29th - Back to Basics
  Cuppa & Company
- Fri 30th - Umbrella Club

November

- Mon 2nd - Stepping Up
  AVSED AGM
- Tue 3rd - Tai Chi
  Variety Club
- Wed 4th - Let's do Lunch
  Memory Matters
  AVSED Connections
  Shared Tables
- Thurs 5th - Back to Basics
  Cuppa & Company
- Fri 6th - Umbrella Club
- Mon 9th - Stepping Up
  Trip
- Tue 10th - Tai Chi
  Variety Club
- Wed 11th - Let's do Lunch
  Memory Café
  Men's Matters
- Thurs 12th - Back to Basics
  Cuppa & Company
- Fri 13th - Umbrella Club
- Mon 16th - Stepping Up
  Prize Bingo
- Tue 17th - Tai Chi
  Variety Club
- Wed 18th - Let's do Lunch
  Memory Matters
  AVSED Connections
- Thurs 19th - Back to Basics
  Cuppa & Company
- Fri 20th - Umbrella Club
- Mon 23rd - Stepping Up
  Community Café
- Tue 24th - Tai Chi
  Variety Club
- Wed 25th - Let's do Lunch
  Men's Matters
- Thurs 26th - Back to Basics
  Cuppa & Company
- Fri 27th - Umbrella Club
- Mon 30th - Stepping Up

December

- Tue 1st- Tai Chi
  Variety Club
- Wed 2nd - Let's do Lunch
  Memory Matters
  AVSED Connections
  Shared Tables
- Thurs 3rd - Back to Basics
  Cuppa & Company
- Fri 4th - Umbrella Club
- Mon 7th - Stepping Up
  Xmas Party
- Tue 8th - Tai Chi
  Variety Club
- Wed 9th - Let's do Lunch
  Memory Café
  Men's Matters
- Thurs 10th - Back to Basics
  Cuppa & Company
- Fri 11th - Umbrella Club
- Sat 12th - Trip
- Mon 14th - Stepping Up
  Xmas Bingo
- Tue 15th - Tai Chi
  Variety Club
- Wed 16th - Let's do Lunch
  Memory Matters
  AVSED Connections
- Thurs 17th - Back to Basics
  Cuppa & Company
- Fri 18th - Umbrella Club

AVSED activities are closed for the 2-week XMAS break from Monday 21st December

Activities reopen in the new year on Monday 4th January

Greenacre Hall, New Road Side,
Rawdon, Leeds. LS19 6AS

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