



Volunteer information • Could you make someone's day?

WE NEED PEOPLE WHO LIKE PEOPLE

You don't need dementia experience. You don't need care experience. You just need to be friendly, patient and willing to get involved.

What is AVSEDplus?

AVSEDplus is AVSED's friendly and welcoming dementia activity service for older people living in the Aireborough community. We provide a safe, supportive place where members can enjoy good food, activities, music, games, conversation and plenty of laughter.

Our aim is to help people living with dementia feel included, valued, independent and connected, while giving families and carers peace of mind. At AVSEDplus, it's not about what someone can no longer do – it's about what they can still enjoy, share and be part of.

What does a volunteer do?

- Welcome and chat with members
- Join in with games, music, crafts and activities
- Encourage members to take part
- Support refreshments and meals
- Spend one-to-one time with members
- Share your hobbies and interests
- Help create a warm, inclusive atmosphere
- Work alongside specialist dementia staff

WORRIED YOU DON'T HAVE THE RIGHT EXPERIENCE?

You don't need dementia experience, care experience, a healthcare qualification or previous volunteering experience. Our experienced specialist team will support you throughout.

What can I gain?

- Communication • Active listening
- Confidence • Teamwork • Adaptability
- Problem-solving • Leadership • Professionalism
- Person-centred practice
- Safeguarding awareness • Dementia awareness
- Intergenerational communication

These transferable skills are valued across healthcare, social care, psychology, education, teaching, social work, counselling, public services and many other people-focused careers.

When can I volunteer?

AVSEDplus is open to members:

Tuesday: 10.30am–3.30pm

Thursday: 10.30am–3.30pm

Friday: Coming October

Volunteer hours:

10am–4pm, 10am–1pm or 1pm–4pm.

We particularly welcome regular volunteers, but please talk to us about what you can realistically commit to.

Where?

AVSED, Greenacre Hall, New Road Side,
Rawdon, LS19 6AS

**COME AND SEE
AVSEDplus**

- Meet our team
- Meet our members
- See what we do
- Ask questions
- No pressure to commit

**BOOK YOUR
VISIT**

info@avsed.org.uk • www.avsed.org.uk/volunteering • 0113 250 1702

Greenacre Hall, New Road Side, Rawdon, LS19 6AS

**YOU DON'T NEED TO CHANGE THE WORLD.
YOU COULD JUST MAKE SOMEONE'S DAY BETTER.**