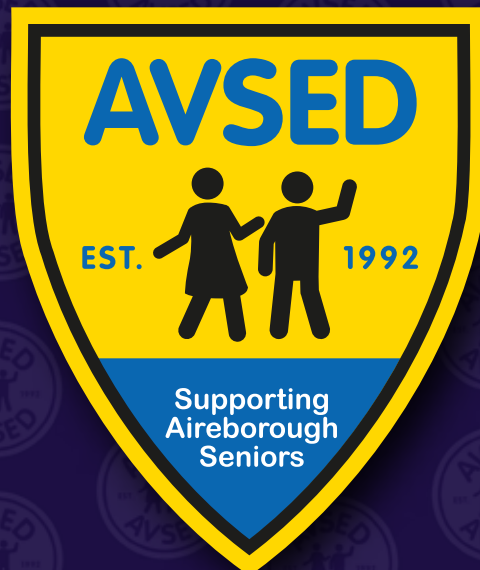


SERVICES



AVSED social programmes
and activities

Activity	INFORMATION, ADVICE & SUPPORT
Description	AVSED will offer general information, advice and support to anyone requesting such on behalf of an older person, regardless of membership.

Activity	SEASONAL SUPPORT (SUMMER & WINTER)
Description	AVSED provides additional support, advice, and information around Summer and Winter. Supporting changes, challenges, pressures and health-related topics.

Activity	SIGNPOSTING
Description	Giving out information on any services, activities, or support. This could be a telephone number, website or a place and will be for a specific need/reason. Members will act upon the information themselves.

Activity	REFERRALS
Description	Providing a comprehensive service and acting on behalf of members to assist them in actioning the service, activity, or support. This could be filling in a referral form, telephoning for referral, gathering information and making appointments.

Activity	BENEFITS AND FINANCE SUPPORT
Description	Overall advice on standard benefits and financial matters to offer choice and understanding on available options. Including pensions, winter credit payments and attendance allowance.

Activity	ADVOCACY
Description	General advice to support members to express their views and needs and to promote options and choices being provided and made accessible.

Activity	NEEDS ASSESSMENTS
Description	AVSED can provide a full needs assessment that investigates several factors that can be explored to help members remain independent and have choice and control in their daily lives, to support health & well-being. The needs assessment is a tool used to identify areas for concern or further work.

Activity	MOBILITY SUPPORT
Description	AVSED can support you to ask for an assessment from Social Services and/or provide options in private purchasing and explore choices. We can provide accessible transport to our activities, staff/volunteers trained in wheelchair handling, dedicated health activities and casework management, plus a full physical exercise programme.

Activity	HOME ADAPTATION SUPPORT
Description	AVSED can support you to ask for an assessment from Social Services and/or to understand the choices and options available to you when making adaptations or considering doing so.

Activity	FORM FILLING
Description	Support to physically or digitally complete forms. AVSED can help with reading the forms and a general understanding of basic details.

Activity	MEMORY SUPPORT
Description	AVSED has an array of support for people with memory loss and/or dementia. We are working towards being a dementia-friendly organisation. Services include our Time Together - Time Apart programme; specific memory and dementia activities plus casework management to support your memory journey with prompting, and invoicing alongside knowledge/understanding and insight.

Activity	BEREAVEMENT SUPPORT
Description	Low-level support and emotional care during difficult times – from exploring options and available services to a sympathetic ear and compassionate understanding.

Activity	SENSORY SUPPORT
Description	Support to understand and access services and options that can help promote sensory independence. Dedicated casework management and extra support groups can be tailored around individual needs.

Activity	MANAGING LONG TERM HEALTH CONDITIONS
Description	Working alongside our exercise and health activities – we can assist members to access independent information, advice and knowledge on conditions, effects, and management routines/techniques, plus guidance on 'living well'.

Activity	CARER & FAMILY SUPPORT
Description	AVSED is here to support both carers and cared for with our dedicated casework management and Time Together - Time Apart programme. General advice and guidance to access services and support pathways and explore city-wide support routes.

Activity	COMMUNITY OFFERING
Description	Support to access and understand services and amenities within the local area. Providing information and advice to maximise social interaction, community connections and explore different ideas & options.

Activity	HANDYMAN
Description	Provides low-level handyman services to members such as hanging pictures, replacing light bulbs, building flat packs and hanging curtains. Being that extra helping hand in the home for the little jobs they can't get round to or manage. Payment only for the parts needed.

Activity	BEFRIENDING
Description	We have both telephone and in home befrienders that can call or visit you on a regular basis. Befrienders are perfect for members that are unable to get out and about or attend activities. A befriending match can chat, play games, read a newspaper, listen to music - anything that you enjoy and wish to explore.

Activity	COMMUNITY CONNECTORS
Description	Community Connectors provide a short-term volunteer partnership to help a member achieve a set goal. Over 6 weeks they can help you to join a local club or group, build confidence going for walks outside, make sense of the world post-COVID, use the buses again to get around, and much more.

Activity	DIGITAL
Description	Digital befriending can support members needing assistance with most IT equipment issues. Available in the home or at Nunroyd Pavilion. AVSED has equipment for loan including iPads and Alexas.

Activity	INCLUSION
Description	Inclusion means different things to different people. At AVSED we will do our best to support your needs on inclusion and provide options for you to explore. Barriers to inclusion can be health, memory, mobility, sight, hearing, mental health, emotional support, finance, knowledge of services and access. We offer low-level support in trying to overcome these and other barriers and work together to build resilience and opportunities.

Activity	NEWSLETTERS
Description	AVSED produces a quarterly newsletter filled with information, advice and news. It is posted to every member and is our best line of communication.

Activity	HOME SAFETY AND SECURITY
Description	Feeling safe and secure in your property is one of the highest priorities for remaining independent. AVSED can support you to understand your options and available services that can assist. We can refer to the fire brigade for an assessment, request community support from the police, contact Councillors and authorities to request advice and support and explore relevant organisations that offer bespoke services.

Activity	HOSPITAL DISCHARGE
Description	AVSED provides a holistic service that enables members to reconnect with their community as quickly as possible. Our approach is social, not medical, and offers a wrap-around support element to complement statutory services.

Activity	DEMANTIA AND INCLUSION
Description	Avsed aim to be as inclusive as possible and treat everyone we meet with the same dignity and respect. AVSED is actively working towards being a Dementia Friendly Organisation, ensuring we are welcoming and supportive to anyone living with or affected by dementia. Our dedicated dementia and inclusion lead works alongside our staff and volunteer team - who are experienced in dementia awareness, deliver person-centred dementia-friendly services and are signed up as dementia friends. We offer bespoke case work around both dementia and inclusion – tackling any barriers our members have and opening opportunities for all.

Activity	TIME TOGETHER - TIME APART
Description	AVSED's new approach to supporting more people in our community. Suitable for those in a carer and cared for situation – particularly around dementia/memory and other long term health conditions. The theory is around supporting both the carer and cared for and offering a wrap-around programme that is suitable and feasible to access for both parties, promoting the benefits of spending time together and time apart, and ensuring the facilities and logistics to do so are available. AVSED offers meaningful activity and support for both nurturing sustainable interaction and participation.